



# Proclamation

## National Breastfeeding Month

August 2024

**Whereas**, breastfeeding is a natural and essential process that provides numerous health benefits to both infants and mothers; and

**Whereas**, we must address systemic barriers to breastfeeding, including ensuring paid family leave, workplace support, and culturally-appropriate breastfeeding support; and

**Whereas**, the American Academy of Pediatrics recommends “exclusive breastfeeding for about 6 months, with continuation of breastfeeding for 2 years or longer as mutually desired by mother and child, a recommendation concurred to by the World Health Organization and the Institute of Medicine”; and

**Whereas**, Effective January 1, 1998, breastfeeding in public is protected under California Code, Civil Code Section 43.3 Notwithstanding any other provision of law, a mother may breastfeed her child in any location, public or private, except the private home or residence of another, where the mother and the child are otherwise authorized to be present; and

**Whereas**, Community Medical Centers, WIC provides various breastfeeding support systems for both parents and baby to help them reach their breastfeeding goals; and

**Now, Therefore**, I, Gary Singh, Mayor of the City of Manteca, on behalf of City Council, do recognize August of 2024 as National Breastfeeding Month. I encourage all individuals, communities, and organizations to join hands in promoting and supporting breastfeeding, offering education, and removing barriers to ensure that every mother and child can access the benefits of this nurturing and life-enhancing practice.

DATE: August 20, 2024

Mayor Gary Singh

